

COURAGE. COMMITMENT. THE WILL TO SURVIVE.

You have what it takes to quit smoking.

Fight for your life. Quit now.

Get **FREE** Nicotine Patches
and support to get you started.

Call: **1-800-Try-To-Stop**
(1-800-879-8678) TTY 1-800-833-1477

Visit **makesmokinghistory.org/veterans**
for special information to help veterans
and their families quit smoking.

Massachusetts veterans and their families are eligible.
Some medical restrictions apply.
Available 11-17-08 through 6-30-09



Sponsored by the Massachusetts Department of Public Health
in collaboration with the Department of Veterans' Services

